

Dimna Juda (Macedonian)

[Full notes] [Summary notes] [Other dances & the source code]

Formation	Open circle. V-hold.
Dance Structure	(A x 4 + (B1 + B2)) repeated throughout the music.
Music Structure	4 counts/bar, 4 bar phrases (Part A crosses music).
Music Speed	115 counts/min.
Source	Sally Fletcher in Ipswich, UK.

Disclaimer: Mistakes are quite likely in the notes and no guarantees are made as to accuracy. There may be other versions of the same dance or other dances with the same name. Music may differ, particularly in speed, introduction and duration, between performers. The division into parts, bars & counts might not be standard. These notes of the dance are freely distributable (under [GPL](#) or [CC-by-sa](#)) in so much as the note's author's contribution and I think the dance itself is traditional.

A simple dance to atmospheric music. Dancers not used it can get amusingly confused by not spotting the change from Part A to Part B1 as they start with the same steps.

To know when to change one can count the for 4 times through Part A or listen for clues in the music. A mnemonic for the latter is that the words "and this time there's an extra one" (with "there's" drawn out to two counts) fit well to the tune of Part B1 which does end an extra step & touch. However I don't recommend using that dancers can get into singing it aloud which not only spoils the effect of the slightly unexpected change in step for everyone present but sounds damn silly!

Although the tune sounds more rich than spooky, the words are actually anent a monster who has built her abode out of the bodies of abducted young men and women. Depending on the atmosphere of the dance event, it might be diplomatic not mention that :-). Fine for a Hallowe'en party though.

Style: Striding.

Introduction

Summary: Start when the singing starts.

Start when the singing starts. This is after 4 bars.

Part A

Summary: To the R in R & L steps. Facing centre, step R, touch L heel in front; mirror.

Start Facing 45 deg of the direction to the centre of the circle.

- 1-2**
- 1** R forwards travelling acw around the circle.
 - 2** L forwards likewise.
 - 3** R to the side turning to face the centre of the circle.
 - 4** Touch L heel to the ground in front without weight transfer.
 - 5** L close.
 - 6** Touch R heel to the ground in front without weight transfer.

Note that this is 6 counts long but the bars are 4 counts long so it crosses the music. The dance as a whole does not cross the music however as Part A is done 4 times which occupies exactly 6 bars.

Part B1

Summary: Part A with an extra step R & touch L heel in front on the end.

Start Facing 45 deg of the direction to the centre of the circle.

- 1** Repeat Part A counts 1-4 (R & L step around the circle, step on R, L heel touch in front).
- 2**
 - 1-2** Repeat Part A counts 5-6 (step on L, R heel touch in front).
 - 3-4** Repeat bar 1 counts 3-4 (step on R, L heel touch in front).

Part B2

Summary: Part B1 in mirror image.

Identical to Part B1 but in mirror image on opposite feet (to the L in L & R steps; (step L, touch R heel in front) & mirror & original).

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